

Short Bio

Gloria Langat is a research scientist and leads the Aging and Development Unit at the Africa Population and Health Research Centre (APHRC), Nairobi Kenya. Gloria is a demographer and gerontologist with over 20 years of experience researching population dynamics in sub-Saharan Africa to understand the interplay of context and wellbeing across the life course. Her broad research topics include fertility; HIV and AIDS; migration and health; impact of population dynamics on households and families; sexuality in old age and urbanization. Over the past 15 years, Gloria has specialised in ageing and gerontology with a focus on Africa using multi-disciplinary and mixed methods approaches to research. Her current research is on the care economy which seeks to advance and inform policy action to develop transformative care systems and economies that build on existing values and strengths; enhance care quality and, reward, recognize and redistribute the extensive unpaid care work provided mostly by women within households, families, and communities. Gloria obtained her PhD in Social Statistics and Demography from the University of Southampton and prior to joining APHRC was an Associate Professor of Gerontology at the Centre for Research on Ageing at the University of Southampton. Gloria is an alumnus of Populations Studies Research Institute at the University of Nairobi and the Sociology Department at Kenyatta University, Kenya.

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